

MONDAY-WEDNESDAY

1st	-----	7:50 -	8:47
2nd	-----	8:51 -	9:47
Nutri---		9:47 -	9:57
3rd	-----	10:01 -	10:58
4th	-----	11:02 -	11:58
Lunch -		11:58 -	12:28
5th	-----	12:32 -	1:29
6th	-----	1:33 -	2:29
7th	-----	2:33 -	3:30

THURSDAY

1st	-----	7:50 -	8:43
2nd	-----	8:47 -	9:39
Advi/Nutri-		9:39 -	10:23
3rd	-----	10:27 -	11:19
4th	-----	11:23 -	12:15
Lunch	-	12:15 -	12:45
5th	-----	12:49 -	1:40
6th	-----	1:44 -	2:35
7th	-----	2:39 -	3:30